

*Stronger Nurses.
Healthier Workplaces.*

**CHRISTA
GRIMALDI**

FOR VICE-PRESIDENT OF

WORKLOAD



ADVOCATING FOR NURSES

Real solutions for sustainable workloads.



SAFER WORK ENVIRONMENTS

Because our patients and nurses deserve it.



SUPPORTING OUR TEAM

More resources. Better systems. Stronger care.



**CREDIT VALLEY
HOSPITAL**



Your Vote Matters
ONA ELECTION



MONDAY, SEPTEMBER 28TH
7:00 AM – 8:00 PM
IN PERSON

EXPERIENCE / ADVOCACY / ACTION



Dear Colleagues,

I am asking for your support and your vote for **ONA Vice President of Workload at Credit Valley Hospital.**

I have been an RN since January 2004 and an Emergency Department RN since April 2005. For more than two decades, I have experienced firsthand the realities of frontline nursing and the impact workload has on our nurses and our patients.

I know what it means to work with high patient volumes and acuity when we are understaffed. I know the demands of caring for high-acuity patients while managing the uncertainty of a very busy department.

Workload is not a number on a staffing grid. It is what happens at the bedside.

It is the nurse who will sometimes miss their break as they feel they can't safely step away.

It is the nurse stretched beyond what is acceptable or reasonable.

It is the nurse going home exhausted and feeling burnt out after their busy shifts.

That is the perspective I will bring to this role.

If elected, I will be an accessible, informed, and strong advocate for Credit Valley nurses. I will listen to your concerns, ask the difficult questions, challenge unsafe workload expectations, and advocate for meaningful solutions.

With more than 20 years of nursing experience and more than two decades of emergency nursing experience. I understand workload because I have lived it alongside you.

Our workload matters. Our voices matter.

In solidarity,

Christa Grimaldi