

Fair Workload. Safer Care. Stronger Nurses.



BLESSING NWOGU

**FOR VICE-PRESIDENT OF
WORKLOAD**

MY KEY PRIORITIES:



SAFE STAFFING RATIOS

Ensure safe patient care and manageable workloads for nurses.



MORE PCA SUPPORT

Increase personal care assistants, especially on high-acuity units.



STRONGER PARTNERSHIPS

Work with nurse leaders to build solutions that support nurses and patients.



REDUCE BURNOUT

Advocate for resources, mental health support and a healthy work environment.



**MONDAY,
SEPTEMBER 28TH**

7:00 AM – 8:00 PM

IN PERSON

**Venue: ONA Local 34
Credit Valley Hospital**

Your Workload! Your voice! Your future!

Inclusion. Dignity. Equal Opportunity. For All.



BLESSING NWOGU

**FOR VICE-PRESIDENT OF
HUMAN RIGHTS & EQUITY**

MY KEY PRIORITIES:



INCLUSIVE WORKPLACES

Ensure every nurse feels valued, respected and has a fair chance to grow and succeed.



EQUITY & ACCESS

Remove barriers and create real opportunities for all nurses, regardless of race, background, gender, ability or identity.



SAFE & RESPECTFUL ENVIRONMENTS

Stand against discrimination, harassment and inequities in our workplace.



EDUCATION & AWARENESS

Promote diversity, inclusion and cultural competency across our teams.



SUPPORT & ADVOCACY

Be the voice for nurses and ensure access to the resources and support they deserve.



Vote for
CHANGE



MONDAY, SEPTEMBER 28TH

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IN PERSON

Venue: ONA Local 34

Credit Valley Hospital

Stronger Nurses. A More Equitable Tomorrow.

VP OF WORKLOAD

Dear Colleagues

Your Workload Matters. Your Voice Matters. Your Safety Matters.

My name is Blessing Nwogu, and I am running for Vice President of Workload with a focus on strengthening workload advocacy and supporting nurses in creating safer, more sustainable working environments.

Nurses are being asked to manage increasingly demanding workloads while maintaining high standards of patient care. My priorities would focus on making sure workload concerns are heard, documented, followed up on, and addressed.

Key goals include:

Advocating for safer workloads and staffing practices that support both nurses and patients.

Strengthening the Professional Responsibility & Workload process so members understand how to raise concerns and access available supports.

Increasing support on high-demand units, including appropriate PCA and other support resources where needed.

Supporting new and early-career nurses through stronger orientation, mentorship, and protected learning time.

Addressing burnout by advocating for sustainable working conditions and meaningful support for nurses.

Amplifying members' voices by creating opportunities for nurses to share workload concerns and ensuring those concerns receive appropriate follow-up.

I am running because I believe workload is more than a staffing issue. It affects professional practice, nurse well-being, retention, and patient safety. I want to bring a practical, member-focused approach to workload advocacy and help ensure nurses know the tools and processes available to them.

Blessing Nwogu

Candidate for Vice President of Workload

VP of Human Rights & Equity

Dear Colleagues,

Equal Access. Equal Opportunity. A Stronger Voice for Every Nurse.

My name is Blessing Nwogu, and I am running for Vice President of Human Rights & Equity with a focus on improving access to resources, removing barriers, and supporting an equitable and inclusive environment for all ONA members.

ONA members come from diverse backgrounds and bring different experiences, identities, and needs to the workplace. Members should be able to understand their rights, access available resources, and participate meaningfully in professional and union opportunities.

Key goals include:

Improving access to resources so members can easily find information about workplace rights, accommodations, discrimination, harassment, and available supports.

Promoting equal opportunities in education, professional development, leadership, and career advancement.

Strengthening accessibility in union education, meetings, communications, and other member resources.

Supporting equity-seeking members and helping ensure barriers to participation and opportunity are identified and addressed.

Strengthening local Human Rights & Equity representation so members can access knowledgeable support closer to their workplaces.

Amplifying members' voices when they experience barriers, discrimination, inequity, or concerns related to workplace inclusion.

I am running because I believe equity must be reflected not only in policies, but also in whether members can access the information, resources, support, and opportunities they need.

My aim is to contribute to a union environment where members understand their rights, know where to seek assistance, and have meaningful opportunities to participate and succeed.

Blessing Nwogu

Candidate for Vice President of Human Rights & Equity